



Home Support North

Charitable Trust

FLU VACCINATIONS

March 2020

HEALTH AND SAFETY TIPS

- ⇒ To minimize cross infection we advise you not to attend work when suffering from colds or influenza. Contact the office as soon as you are aware you are unable to work. If you provide weekend care, leave an urgent message on the after hours answering machine on 0800 11 22 10 with your name, your Client(s) name, expected time and hours to be provided.
- ⇒ Always wash hands
 - between Clients
 - before preparing food
 - after doing any Personal Cares
 - after changing beds, cleaning bathrooms or doing laundry
 - after sneezing or coughing
 - after handling body waste & fluids
 - before putting on gloves and after removing gloves
- ⇒ Avoid touching your face.
- ⇒ If you arrive at your Clients and they are unwell and you feel your own health is at risk, leave and phone the office as soon as you can.
- ⇒ Where possible use tissues instead of a handkerchief.
- ⇒ Use gloves when cleaning toilets, doing personal care etc.- these are supplied by the office.
- ⇒ Ensure you are symptom free for 24 hours before returning to Clients.

As an employee of Home Support North we are pleased to offer you the opportunity to receive a refund towards the cost of a flu vaccination.

We strongly recommend you get this vaccination.

We will reimburse you up to \$45.00

You can get your vaccination now. Just tell the Pharmacy or other provider that you are an aged / disability care worker. Once you've had your vaccination, forward your Receipt (or a copy), with the slip below, to the office.

You will then be reimbursed with your next pay.

Although the 2020 flu vaccination won't vaccinate against Covid-19, it will protect against previous flu viruses, which can still make you sick.

Your NameOffice.....

Doctor/Health Professional from whom vaccination was received

.....
Please reimburse me \$ _____ for flu vaccination.
(up to \$45.00)

√ **PLEASE FIND RECEIPT FOR VACCINATION ATTACHED**